



**UROLOGICAL
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POST URODYNAMIC TESTING INSTRUCTIONS

POST PROCEDURE

After the procedure, you might have a little stinging in the urethra until the next time you urinate. In some patients, it may last a bit longer. If there was any resistance to the passage of the catheter, you may even see a tiny blood discoloration of your urine. You have no restrictions after the test and may return to work if you choose. You need to drink plenty of fluids and void frequently.

POSSIBLE COMPLICATIONS

Urinary Tract Infection: Even from a minor procedure, it is possible for you to get an infection with bacteria that typically cause urinary tract infections. It may be a simple bladder infection that presents with symptoms of burning urination, urinary frequency and a strong urge to urinate. This will usually resolve with a few days of antibiotics. If the infection enters the bloodstream, you may feel very ill. This type of infection often presents with the urinary symptoms and any combination of the following: fevers, shaking chills, weakness or dizziness, nausea and vomiting.

Blood in the Urine: In some patients, placing the catheters within the bladder will cause a very small amount (microscopic) of bleeding; even in fewer patients visible bleeding will be noticed in the urine. In almost all instances, the urine clears on its own over the next day or so.

NOTE: If you notice excessive burning, excessive urgency, fever, chills or above symptoms, please call 912/790-4000 and select the 'speak with a nurse' option.