## WHAT IS ADVANCED PROSTATE CANCER?

When prostate cancer returns after treatment or spreads beyond the prostate, it is often called advanced prostate cancer. Treatment may stop advanced prostate cancer from growing and causing symptoms.

# WHAT ARE THE SYMPTOMS OF ADVANCED PROSTATE CANCER

Men with advanced prostate cancer may or may not have symptoms. Symptoms depend on where cancer is growing in your body. With advanced disease, you may have problems passing urine or see blood in your urine. Some men may feel tired, weak or lose weight. If prostate cancer spreads to your bones, you may have bone pain. Tell your doctor and nurse about any pain or problem you may have.



## TYPES OF ADVANCED PROSTATE CANCER

- Biochemical Recurrence: Prostate Specific Antigen (PSA) level has risen after definitive treatment(s) with no other sign of cancer.
- Metastatic "Hormone Sensitive" Prostate Cancer: Cancer cells have spread beyond the prostate. Imaging tests show that the cancer has spread.
- Non-Metastatic Castration-Resistant
   Prostate Cancer(nmCRPC): Prostate cancer growth is found even after the hormone (testosterone) is blocked in patients who have had biochemical failure. This is found by a rise in the PSA level, while the testosterone level stays low. Imaging tests do not show signs the cancer has spread.
- Metastatic Castration-Resistant Prostate Cancer (mCRPC): Metastatic prostate cancer has been treated with androgen ablation therapy lowering testosterone levels; but PSA levels keep rising and/or metastatic spots are growing.



### Advanced Prostate Cancer Clinic

230 E DeRenne Avenue Savannah | GA 31405

Phone: (912) 790-4000 Choose Option 6

# THE ADVANCED PROSTATE CANCER CLINIC at



A Dedicated Clinic Providing Specialized Care for Men with Advanced Prostate Cancer

www.urologysavannah.com

### SPECIALIZED CARE

You have received a referral to our Advanced Prostate Cancer Clinic (APCC). You'll find the APCC Clinic located within the practice of Urological Associates at 230 E DeRenne Avenue in Savannah. You will be given an appointment time to meet with the APCC team. You will sign in at the same front desk as you do now.

### What is an APCC?

Over the past few years, the management of advanced prostate cancer has become more complex requiring a specialized approach. There have been exciting new and effective treatments for men with advanced prostate cancer, which leads to many questions about how and when to start certain drugs or therapies. In organizing an Advanced Prostate Cancer Clinic (APCC), we are better able to:

- Coordinate and oversee treatments at the appropriate times,
- · Field your questions,
- Handle complications or side effects of medications
- Spend the time needed to educate on available clinical trials,
- Ensure adherence to nationally recognized clinical pathways specific to prostate cancer
- And monitor the stages of your care with improved sophistication

### About Dr. Cheng

Dr. David Cheng is the Director of our Advanced Prostate Cancer Clinic (APCC). He has been a urologist since 1994, and has been Board Certified in Urology since 1997. He received his medical degree from Cornell University Medical College in New York and performed his internship and residency at Mount Sinai Hospital in New York.

You will see Dr. Cheng in the APCC once or twice a year or more often as your health status requires. Although Dr. Cheng will be directing your prostate care, you will remain under the care of your original urologist here at Urological Associates of Savannah for treatment of any other unrelated (not prostate) urological problems that may develop. Your original urologist will remain fully informed about all developments relating

to your prostate cancer



## **APCC Support Team**

Dr. David Cheng is supported in the APCC by a designated Nurse Practitioner (Shelby Jones, NP) along with Summer Carter (Licensed Practical Nurse), Patricia Smith (Registered Nurse) and other clinical and administrative personnel.

Ms. Jones will be receiving her Doctor of Nursing Practice from Duke University in the Fall of 2022. She currently holds a Master of Science in Nursing Adult Gerontology Acute Care Nurse Practitioner and her Bachelor of Science in Nursing. She has been a member of the American Academy of Nurse Practitioners since 2012.



Shelby Jones, NP



Summer Carter, LPN